

The Symbolon-Method®

The Connection of Art and Psychology with Business

www.symbolon.com



Through Reflection Competence to Personality Maturity



Coaching and Training with the Symbolon-Profiles

Fast changes in companies and organizations require effective actions to further mutual understanding, to change personality patterns and habits and to develop genuine values. The more digital and global the work situation, the more real strength of character and inner stability are required. Reflection processes clarify, optimise and develop current core issues in a solution-oriented manner.

Individual and team coaching is highly effective when people are met exactly where they are, and all the individual concerns and challenges they have to master are addressed.

The internationally recognized and validated Symbolon-Profiles have been setting new standards for decades. The method complies with the highest quality criteria, the application is deeply effective, and the result is highly efficient.

Symbolon-Profile

The Symbolon-Profile leads you into a world of paintings and pictures which will captivate you as soon as you fill it in. What does my position in the landscape mean? How should I interpret the pictures of Claude Monet? You will be led from the work environment of black and white, numbers and letters into your own colourful world of images. A coaching session full of personal insights awaits you. Your own associations and connections to your individual work situation enable you to find the right interpretations. The result will surprise you in its clarity. It will encourage you to change your personality patterns and habits.



Content	5 personality areas, 30 pages of written interpretation
Process	10 min. filling in the Symbolon-Profile online 15 min. preparation of the situation analysis 1.5 hrs. coaching online or on-site 30 min. summarizing the action plan
Impact	strengthened personality developed potentials relational comprehension open communication honest loyalty creative solution finding clear development perspectives coherent reorientation successful processes of change

The Symbolon-Method® includes precisely defined conversation guidelines, questioning-techniques and process design. The professional application meets the highest quality standards.

Symbolon-Profile Intensive

With the Symbolon-Profile Intensive you will experience a broad and exciting personality reflection and analysis. You will explore 17 dimensions of your personality in relation to your work situation in a unique way. In coaching sessions, you will delve deeper into the individual meaning for you. Reflecting with famous artworks creates a profound process, which allows you to experience archetypes and basic principles in a playful and meaningful way. This brings you into contact with essential insights. You will grasp key issues, and you will be able to effectively initiate and implement development.



Content 17 personality areas, 75 pages of written interpretation

Process
30 min. filling in the Symbolon-Profile Intensive in writing
15 min. preparation of the situation analysis
2 x 2 hrs. coaching over approx. 3 months
60 min. summarizing the action plan

Impact
authentic leadership
differentiated management skills
coherent career development
powerful high potential development
energetic creativity
courageous innovation
clear decision-making
meaningful work design
agile resilience
sustainable use of resources
truthful values
mature awareness of the future

We focus on your current concerns and our work is personalized, efficient and result-oriented. Our international network of certified Symbolon-Specialists is at your disposal.

Symbolon-Profile Team

The Symbolon-Profile for teams, project groups and management audits will bring about sustainable cultural development in your company. In the digital, global world we need cross-departmental, insightful reflection processes with deepened understanding. Broadened perspectives help to clarify misunderstandings, relieve tensions and overcome obstacles. This enables you to identify and transform limiting patterns of thought and action. The clarifying process facilitates decision-making. This enables a coherent group dynamic, which is integrated precisely and powerfully into the workflow.

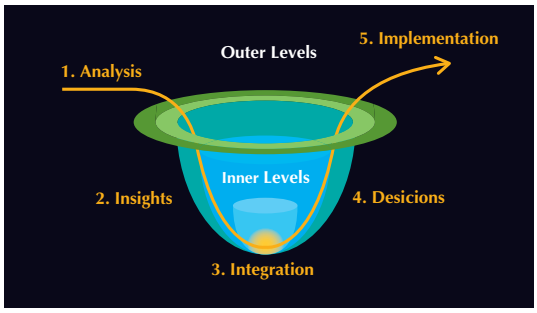


Content up to 14 personality areas, depending on team situation

Process
filling in the respective Symbolon-Profile online or in writing
preparing the situation analysis
depending on requirements with or without coaching
identification of the team constellation
analysis of the upcoming development steps
producing the Symbolon-Profile Team analysis
1 to 2 days workshop
reflection of the team analysis and goals
definition of measures and implementation steps

Impact
deep understanding
appreciative interactions
adequate tolerance
open communication
development-promoting feedback culture
flowing knowledge transfer
reinforced solidarity and cooperation
efficient groups
clear and powerful decisions
strengthening processes of change
mature leadership and management culture
coherent strategy development

Professional Dives for Business Brilliance



Symbolon-Reflection-Training

Become a Symbolon-Reflection-Expert

Would you like to internalize an open mindset with your environment and customers and live creativity? In the Symbolon-Reflection-Training, key insights are explored and developed with compact dives. You will receive reflection tools, which consolidate your conversation skills and make essential content visible and useful. This makes a significant difference to your self-management and your effect on others.



Symbolon-Profile-Training

In the Symbolon-Profile-Training with Christine Kranz

Do you want coaching processes with which you can effectively dive into deep levels of understanding with clients? In the Symbolon-Training with Christine Kranz you will discover the language of symbols and highly professional art coaching. To use the respective Symbolon-Profiles in individual and team coaching you will gradually be certified. You will experience an incomparable journey of development into your inner world of images and depth, which will touch, inspire and strengthen you.



Symbolon Art4Reflection

Self-Reflection in Museums

We will transform the museum into a coaching room. You will build associations with your masterpieces, slow down and get inside yourself immediately. Your own work issues are illuminated, clear solutions emerge. The Symbolon Art4Reflection tour leads you into extended dimensions of deeper understanding. A fascinating reflection dive that surprises you and brings new insights.



Symbolon Books

Self-Study as a Development Booster

Dive into the world of archetypes, symbols, pictures and self-reflection with the Symbolon Books by Christine Kranz. In addition to theoretical knowledge, you will receive detailed instructions for your own reflection processes. You will be amazed at the deep insights you gain and how your clarity affects your environment. Available as paperback and E-Book in German and English.

International Coaching Federation (ICF) Certifications up to 2026:
By completing the Symbolon Profile Training, you completed an ICF ACSTH (65 Approved Coach Specific Training Hours) program, which enabled you to apply for ICF membership and the ICF ACC (Associate Certified Coach) credential. Upon completion of the Reflection Training, you received 30 ICF Continuing Coach Education Units (CCEU).

ACSTH
ICF APPROVED COACH SPECIFIC TRAINING HOURS
ICF

CCE
ICF CONTINUING COACH EDUCATION
ICF



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