

Deepening Reflection Competence with Art, AI, and Coaching

Experience an innovative advanced training course that combines professional coaching expertise with artworks, AI-supported self-coaching, and the Symbolon Method®.

Internationally Recognized Training for Coaches

- **30 ICF CCEUs** (26.5 CC / 3.5 RD) included
- Or: **23 CCEUs + 7 hrs. Group Mentoring**
- **Flexible start anytime**
- **Self-paced E-Learning and E-Trainings**
- **Excellent price: only EUR 790.– for 6 months access**



The Symbolon Method® is globally unique. It combines art, archetypes, symbolism, and coaching in a way that enables an unparalleled depth of reflection.



Anyone who completes this training does not just gain a qualification – they experience a true expansion of mindset. Many describe the method as a "mind-opener" that enables deep effectiveness and opens up new spaces for thought and action across all areas of life.

The Symbolon Method® is inspired by the depth psychology of C.G. Jung. Its developer, Christine Kranz, studied for eight semesters at the renowned C.G. Jung Institute and combines this depth psychological knowledge with systemic approaches and various techniques – including the integral concepts of Ken Wilber.

Participants learn how to integrate artworks, symbolic language, and holistic developmental perspectives into reflection processes.

Through the experience of archetypes and symbols, a deep-acting access to one's own personality emerges – one that sustainably promotes self-reflection, integration, and personal development.

Structure of the Symbolon Reflection Training

1) E-Learning: Coaching with Art

- 16 hours of self-study (6 months access)
- 14 compact modules with videos, exercises, live coachings, materials & case studies
- Learn at your own pace, independent of location

2) E-Training Sessions with Instructor: One-to-One Coaching with Art

- 6 online sessions of your choice (approx. 12 per half-year)
- Practical peer-to-peer coaching with instructor
- Application of the Symbolon Method® in three coaching areas: Animal Images (solution & decision-making) and Harbor Image (positioning)
- Completion with 3 sessions as coach & 3 as coachee

3) Symbolon Self-Coaching with AI & E-Training

- 2 sessions of your choice from approx. 4 per half-year
- AI-supported coaching tool with peer-to-peer application and instructor guidance
- Experience the future of coaching: scalable, innovative & impactful
- Digital coaching competence for 24/7 application



Your 30 ICF CCEUs as the Highest Quality Standard

To meet the International Coaching Federation (ICF) recognition requirements, you will need:

- Completion of the E-Learning modules with case studies
- 8 peer-to-peer E-Training sessions, including 4 different sessions as coach and 4 as coachee

No peer-to-peer sessions are scheduled during summer holidays and over the Advent, Christmas, and New Year periods. Your access will be extended accordingly.

Your Benefits at a Glance

- **30 CCEUs (ICF)** or combination with mentoring
- **State-of-the-art AI self-coaching tool**
- **Flexible online formats (E-Learning & E-Trainings)**
- **6 months access to platform & sessions**
- **Top ratings from coaches worldwide for over 25 years**
- **Only EUR 790.– total cost**

Additional Information

The videos in the E-Learning and the online sessions are led by the developer of the Symbolon Method®, experienced trainer Christine Kranz, MCC, and her team.

Learn more:

- About the Symbolon Method® & Christine Kranz in Symbolon Coaching with the Animal Image (YouTube, 23 min.)
- About AI-supported Symbolon Self-Coaching

Contact & Registration

We look forward to getting to know you and possibly working together!

For more information and to register, please contact

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